



THE CORRECTIONAL NURSE

Inspiring

Professional Correctional Nursing Practice

November 2020

This is the month when we traditionally give thanks. Certainly 2020 has been an interesting and chaotic year, and it looks like this will continue into 2021. This doesn't mean, however, that we are not grateful for our health, family and friends. Perhaps, the trials of this year have enabled us to see with greater clarity what is truly meaningful in our lives. Our work, and sharing our time and knowledge with our patients every day of the year is a wonderful gift that we give, that also gives great returns to us.

How many times in the last few months have you provided patient education about infection control and COVID to individuals who were afraid for themselves and for their family members from whom they were away? Did you leave the patient with increased health literacy that they will take with them into the community? What an impact you made!

How many times have you had to tell a patient that they were positive for COVID, and comforted and educated them, when all they could think about was how many people in the free world were dying from it? What an opportunity to alleviate another human being's anxiety!

A few weeks ago, the ACNA held its second true membership meeting virtually. While I will not devote this column to discuss the truly incredible meaning having a professional organization is for Correctional Nurses everywhere (at least not today), I do want to take a minute to share my takeaways from that meeting. The Correctional Nurses who attended were articulate about their needs as Correctional Nurses and their vision for the future. They actively participated in the discussion, were enthusiastic, and had real concrete suggestions for the future of the organization. I believe that, in general, Correctional Nurses are underestimated by our colleagues and the greater nursing community (thus my inspiration picture last month...), but we are about to make ourselves known! This can only happen with all of us working toward that goal. Please join us in developing the future of Correctional Nursing through presentations, white papers, statements of support, and educational opportunities designed to increase Correctional Nurses' knowledge base and evidence-based practice.

In closing this month, I would like to share my gratefulness to all of you who read The Correctional Nurse Newsletter, the CorrectionalNurse.net blog, and the clinical scenarios on Nursing Behind the Wall. I truly appreciate your feedback and your support of The Correctional Nurse Educator, which allows the blog and Nursing Behind the Wall to continue. My humblest thanks to all.

Newsorthy Notes

While we were told that the Correctional Nursing: Scope and Standards of practice would be available on October 26th, a problem with the printing caused that date to be pushed back a few weeks. I have to say that I was disappointed on the 26th when it was not available, as it seems like we have been waiting for a LONG time, but I am hopeful that it will be available soon!

NCCHC is holding its Fall Virtual Conference as I write this newsletter and so far I have not been disappointed with the presentations. If you were not able to attend in real time, check the [NCCHC site](#) and see if the sessions will be available for purchase after the conference.

The American Correctional Association is holding its Winter Conference on February 4-9, 2021. More details will be available on its [website](#).

The [American Nurses Association is offering Five Quick Videos](#) about COVID-19 Disease Progression and Nursing Care for FREE for all nurses. The topics include *The Clinical Picture of COVID-19 Patients; Monitoring and Diagnostics in Care of COVID-19 Patient; Respiratory and Cardiovascular Challenges with COVID-19 Patients; Nursing Practices to Facilitate Optimal Patient Outcomes; and Strategies to Overcome Barriers to Providing Excellent and Efficient Nursing Care*. They last between 5 minutes and 17 minutes, and you can watch one or all...enjoy!

Remember that you can find our past Newsletters on the CorrectionalNurse.Net website in the Newsletter Archive.

Thanks for all you do, and Be Safe!!

CorrectionalNurse.Net

This month, [CorrectionalNurse.Net](#) will feature a discussion of Mental Health Disorders commonly seen in our patients.

We will also begin our professional practice discussion about the new Correctional Nursing: Scope and Standards of Practice. As always, announcements for new blog posts will be posted on our FaceBook pages.

Please **FOLLOW US** and check back often to ensure that you get notification of new posts!

[VISIT CORRECTIONALNURSE.NET NOW](#)

Correctional Nurse Educator

Our 50% off featured class this month is *Common Mental Health Conditions for the Correctional Nurse*.

I hope that you enjoy it!

[VISIT THE CORRECTIONAL NURSE EDUCATOR NOW](#)

Nursing Behind the Wall

This month at [Nursing Behind the Wall](#), you will meet Mr. Riley, a patient who presents with signs and symptoms of psychosis.

[VISIT NURSING BEHIND THE WALL NOW](#)

In closing, I appreciate you taking the time to read this newsletter, and I hope that you will find our sites interesting and educational. Our profession of Correctional Nursing is unique and sometimes challenging, but always very important to our patients. The impact we make is far-reaching, even if it is not always evident as we care for our patients. I have ALWAYS been proud to say that I am a Correctional Nurse – I hope that you are as well!

Lori

Inspiration

THE CORRECTIONAL NURSE LLC

AS WE EXPRESS

Our gratitude.

WE MUST NEVER
FORGET
THAT THE HIGHEST
APPRECIATION IS
NOT TO UTTER WORDS,
BUT TO LIVE
BY THEM.

- JOHN F. KENNEDY

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