

THE CORRECTIONAL NURSE

Inspiring

Professional Correctional Nursing Practice

September 2021

According to the American Nurses Association, specialization involves focusing on nursing practice in a specific area, identified from within the whole field of professional nursing. A nursing specialty includes a specified area of discrete study, research, and practice as defined and recognized by the profession. Finally, specialists are those who elect to focus their professional practice to their identified specialty.

After my last newsletter in which I discussed my recent presentation that included an introduction to Muse's Proposed Correctional Nursing Framework, I heard from several readers (thanks!), including Deborah Shelton, Professor of Nursing and President of the American Correctional Nurses Association, who reminded me that a framework, like Muse's Proposed Correctional Nursing Framework, is a "place" to organize ideas. To develop a specialized theory of Correctional Nursing, additional work must occur. In this proposed framework, there are concentric rings that represent variables and ideas. The relationship between these variables and outcomes must be described by theory, and it must be tested and validated. Dr. Shelton suggests that the next step in developing a theory of Correctional Nursing is literature review and research. Dr. Shelton also shared with me that many, many of our colleagues are conducting research surrounding correctional nursing. A partial list includes the following:

- Ginette Ferst - guided group therapy and incarcerated women
- Mollard & Hudson- trauma-informed care and incarcerated women
- Donna Zucker- labyrinth walk and incarcerated men
- Deborah Shelton et al- self-care, cognitive interventions for mentally ill
- Susan Loeb- care of incarcerated elderly
- Holmes, Kennedy & Perron- use of seclusion in forensic psychiatric hospitals
- Woods & Peternej-Taylor- Correctional Nurse competencies
- Almost et al- life issues of Correctional Nurses, educational interventions
- Weiskopf- caring behind bars
- Dhaliwal et al- caring behind bars

I don't know about you, but I certainly did not know the breadth of the research being conducted that could positively impact our specialty and our patients' outcomes! I encourage you to go online and find out more.

Also, this month I must acknowledge our continued, and in many places, worsening, COVID pandemic. A year ago, I was writing that we hoped the worst was behind us, and now, it seems like it has returned with a vengeance. Facilities are again working with serious staff shortages, both healthcare and correctional staff. You must practice self-care!

In June, the newsletter had many resources listed, so I will refer you back to it rather than reiterating all. However, this month the ACNA is having its first accredited webinar for members, and the topic is *Promoting Self-Care and Well-Being for Correctional Nurses*. It promises to be very informative, and you will leave with strategies you can begin using immediately. Please see more information in the **News and Noteworthy** section of this Newsletter, and I hope to see you there!

Newsworthy Notes

I was honored recently to be interviewed about Correctional Nursing by [Minority Nurse](#). [Check out the interview here!](#)

The National Commission on Correctional Health Care is holding its Fall Conference in person in Chicago on October 30 - November 3, 2021. Registration can be done on the [NCCHC website](#). I hope to see you there!

The [American Correctional Nurses Association](#) proudly announces its first member webinar. Led by Annette T. Maruca, PhD, RN, PMH-BC, CNE, CCHP, **Promoting Self-Care and Well-Being for Correctional Nurses** will be held on Tuesday September 7, 2021 at 7:00 pm Eastern time. This webinar will award 1.5 accredited continuing education hours and is free for members. Please join them for this interactive and very timely presentation. If you are not a member, you can join for a nominal fee of \$50 per year - make your voice heard!

ACNA is planning a member meeting in Chicago during the NCCHC Fall Conference. More information will be forthcoming.

The [National Commission on Correctional Health Care](#) also has a call out for proposals for presentation at the Spring Meeting in Atlanta. This request for submission is open until September 24th. Please consider presenting a Correctional Nursing topic!

Remember that you can find our past Newsletters on the CorrectionalNurse.Net website in the Newsletter Archive.

Thanks for all you do, and Be Safe!!

CorrectionalNurse.Net

This month at [CorrectionalNurse.Net](#) our discussion will include developing Moral Resilience and the impact of Nursing Fatigue.

As always, announcements for new blog posts will be posted on our FaceBook pages and we are now on [Instagram!](#)

Please [FOLLOW US](#) and check back often to ensure that you get notification of new posts!

[VISIT CORRECTIONALNURSE.NET NOW](#)

Correctional Nurse Educator

Our 50% off featured class this month is [Lung and Heart Auscultation for the Correctional Nurse](#). I hope that you enjoy it!

[VISIT THE CORRECTIONAL NURSE EDUCATOR NOW](#)

Nursing Behind the Wall

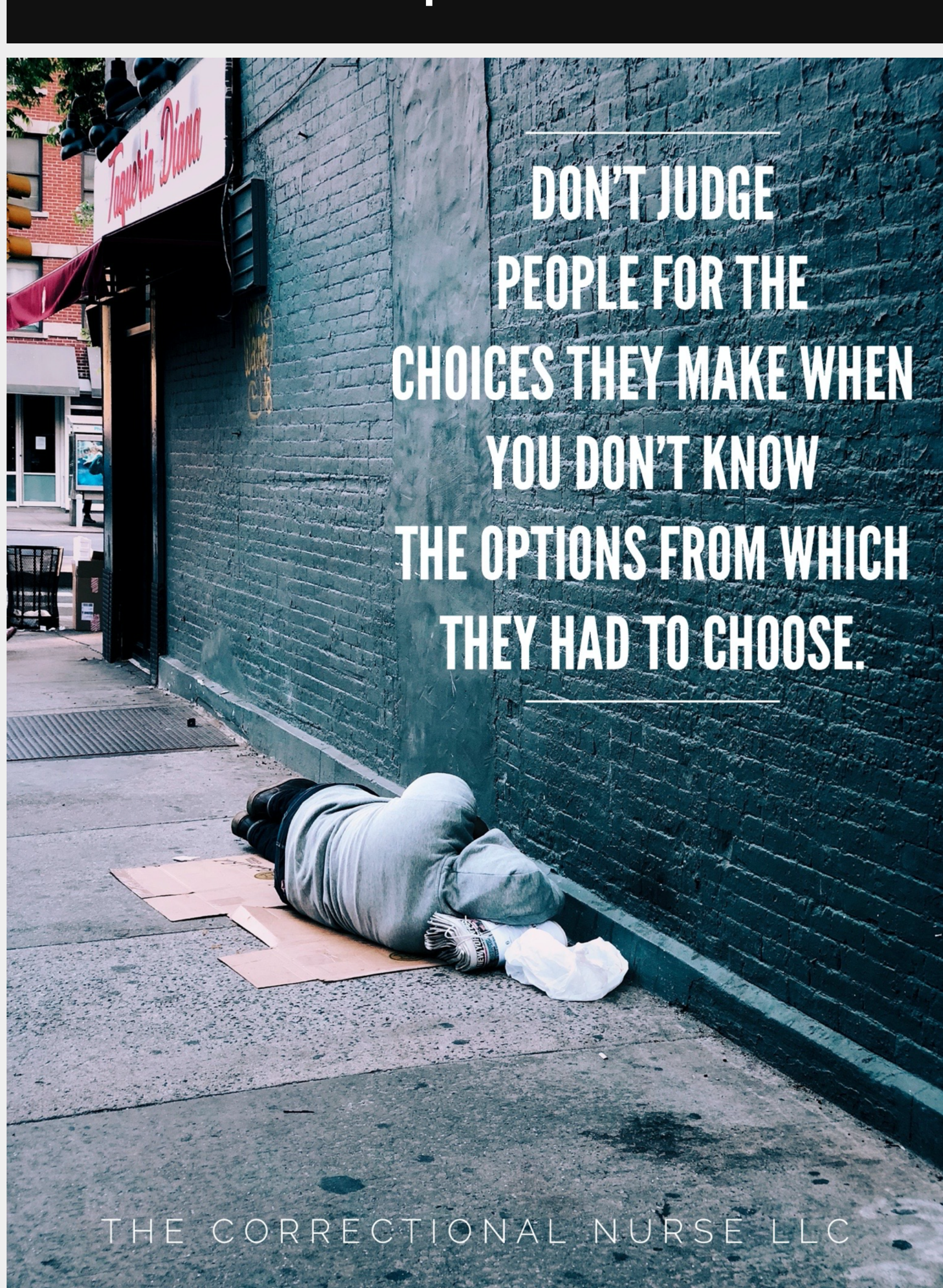
This month at [Nursing Behind the Wall](#), you will meet Mr. Dukes, a gentleman who comes to clinic complaining of a bump in his axilla that is painful.

[VISIT NURSING BEHIND THE WALL NOW](#)

In closing, I appreciate you taking the time to read this newsletter, and I hope that you will find our sites interesting and educational. Our profession of Correctional Nursing is unique and sometimes challenging, but always very important to our patients. The impact we make is far-reaching, even if it is not always evident as we care for our patients. I have ALWAYS been proud to say that I am a Correctional Nurse - I hope that you are as well!!

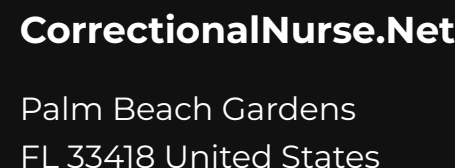
Lori

Inspiration



CorrectionalNurse.Net

Palm Beach Gardens
FL 33418 United States



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