



# THE CORRECTIONAL NURSE

Inspiring

## Professional Correctional Nursing Practice

May 2023

### Happy Nurse's Week - May 6-12, 2023

As I write this note, I am returning from the NCCHC Spring Conference in New Orleans. It is always invigorating to meet and speak with others who work in our specialty and truly understand the joys and challenges we face daily. I especially like meeting individuals new to corrections - hopefully being an example of a career correctional nurse (28 years) will encourage them to consider correctional nursing as a viable career opportunity for themselves! I was also quite happy to hear that many knew about the CorrectionalNurse.Net blog; the Nursing Behind the Wall clinical site, and the Correctional Nurse Educator resources. There are moments when I wonder if they are making a difference, but I heard this past week that some nurse managers are actually using the sites as resources for their monthly nursing training. YAY! Thanks to all for their kind words.

There were many interesting presentations for the 1000+ attendees, but of course, I attended the nursing ones. The Pre-Conference session on Developing a Nursing Operational Strategic Plan was sponsored by the NCCHC Nurse Advisory Council and had over 90 participants, including nurses, providers, and administrators. It was not only a how-to lecture, but we actually divided into groups and, using the skills and techniques just learned (Mission, Vision, SWOT analysis, Goals, Action Plan), developed a plan for our "organization." It was great to see people from across the US and beyond (Guam!) share their experiences and work together. My group was very interactive, and everyone participated. At the end, each group presented their work and received a challenge to return to their facilities and develop a plan for their organization. Mary Muse and Patricia Blair were excellent at presenting the information in a clear and concise way and leading the groups.

Other nursing topics included evidence-based best practices for nursing recruitment and retention; a framework for a patient education project for hypertensive patients; Diabetes patient education; documentation; promoting correctional nursing by enhancing student nursing learning experiences onsite; sepsis; burnout, compassion fatigue and suicide among nurses; nursing management of psychiatric emergencies; and a discussion of Muse's framework for correctional nursing practice. All were very interesting! I am hoping that we can entice some of the presenters to share their work in a webinar for the American Correctional Nurses Association members.

Overall, I am happy that I was able to attend the conference and meet so many correctional nurses. It confirmed what I already knew - correctional nurses are dedicated to their patients, resourceful in their practice to accomplish patient care in an environment where healthcare is not the primary mission, smart and kind!

### Newsworthy Notes

The American Correctional Nurses Association continues planning for 2023. If you are interested, they are always looking for volunteers to help on committees. Check out the [website!](#)

Upcoming conferences include The American Jail Association - May 20-24; NCCHC Mental Health Conference - July 15-16; the American Correctional Association Conference - August 3-6, and the NCCHC Fall Conference September 30th - October 4, 2023.

Remember that you can find our past Newsletters on the CorrectionalNurse.Net website in the Newsletter Archive.

Thanks for all you do, and Be Safe!!

## Happy Nurse's Week 2023

In honor of Nurse's Week, The Correctional Nurse Educator is again offering a Nurse's Week Bundle of 9 classes (18 continuing education hours) for \$75.00 (regularly \$225.00). It will be available only from the 6th through the 12th of May. On the 13th, the price will increase to \$149.95.

The 2023 Bundle includes the following:

- Abdominal Assessment: Upper Abdominal Pain;
- Abdominal Assessment: Lower Abdominal Pain;
- Anticoagulation for the Correctional Nurse;
- Arthritis for the Correctional Nurse;
- Chronic Obstructive Pulmonary Disease for the Correctional Nurse;
- Laboratory Diagnostics for the Correctional Nurse;
- A Thyroid Primer for the Correctional Nurse;
- Skin Assessment for the Correctional Nurse; and
- Endocarditis for the Correctional Nurse.

All classes will be available for one year from purchase.

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## CorrectionalNurse.Net

This month at [CorrectionalNurse.Net](#) we are finishing up our discussion about Documentation. Our clinical discussion includes End-of-Life care in correctional settings.

As always, announcements for new blog posts will be posted on our FaceBook pages and on Instagram.

Please [FOLLOW US](#) and check back often to ensure that you get notification of new posts!

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## Correctional Nurse Educator

Our 50% off featured class this month at The Correctional Nurse Educator is [Homeostasis and Electrolytes for the Correctional Nurse](#). I hope you enjoy it!

Remember that The Correctional Nurse will work with your group to provide accredited continuing education classes at a discounted and affordable cost.

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## Nursing Behind the Wall

This month at [Nursing Behind the Wall](#) you will meet Mr. Riley, a patient with psychosis.

[VISIT NURSING BEHIND THE WALL NOW](#)

In closing, I appreciate you taking the time to read this newsletter, and I hope that you will find our sites interesting and educational. Our profession of Correctional Nursing is unique and sometimes challenging, but always very important to our patients. The impact we make is far-reaching, even if it is not always evident as we care for our patients. I have ALWAYS been proud to say that I am a Correctional Nurse - I hope that you are as well!

*Lori*

## Inspiration



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