



THE CORRECTIONAL NURSE

Inspiring

Professional Correctional Nursing Practice

February 2024

With the current Call for Submissions for the Fall NCCHC Conference in Las Vegas, I found myself reflecting on my journey as a presenter at national conferences. My first time presenting was in June of 2007, and I was part of a group presenting. I was very nervous, and I still remember the topic – Dilemmas in Correctional Nursing. After the first presentation, it was a little easier, although to this day I still get the rapid heartbeat and dry mouth when I first start speaking! It does quickly dissipate as I get into the topic. I can share with you that I thoroughly enjoy presenting, as it reaffirms my love and respect for correctional nursing and through it, I have met wonderful and interesting people who, like me, have dedicated their careers to providing healthcare to incarcerated people.

As many of you know, I am the Co-Chairperson of the NCCHC Nurse Advisory Council. Part of our duty is to recruit nursing speakers for the conferences. As a Council, we believe that there are many talented correctional nurses who have gifts to share, but because they have never presented, are too nervous to try. We are very happy to mentor anyone who would like to present but needs help getting started. I am also the Treasurer of The American Correctional Nurses Association, and our Board is very supportive of new presenters as well. Most Board members are seasoned conference presenters, and they, too, would be happy to mentor new presenters. Just ask!

As for topics, anything **you** are interested in most likely would be interesting to your correctional nurse colleagues. If an individual presentation is too nerve-wracking to consider, then what about co-presenting with a colleague (or 2!)? This year for the first time I see lightning sessions (20 minutes) proposed for the Fall NCCHC Conference...this might be a great way to start your presenter journey.

You can find information about presenting, including sample proposals, on the [NCCHC website](#). Thank you for considering, and please let me know if you want some help taking that first step!

I also want to share with you that The Correctional Nurse Educator is developing 10 classes that I am calling "The Basics" series, to include each body system. Each class will include anatomy and physiology ("the basics"), five common disorders of that system, and Nursing Interventions/Patient Education we would expect to perform involving that system. I am hoping this will be foundational for our correctional nursing assessments, which are so crucial to our patients' care and treatment.

On February 16th we will open three classes - Respiratory, Immune System and the Nervous System, and they will be half price. Please check them out and let me know what you think.

One final thing - I have received a question about support groups for families of incarcerated individuals. Can anyone direct me to any active groups? Please email me if you have information. Thanks in advance!

Newsworthy Notes

The next American Correctional Nurses Association OPEN FORUM to be held on February 15, 2024. Check out the [website](#)!

Upcoming conferences

PLAN NOW for the NCCHC Spring 2024 Conference to be held in St. Louis, MO April 27-30th.

American Jail Association conference in Fort Lauderdale, FL May 18-22, 2024

Remember that you can find our past Newsletters on the CorrectionalNurse.Net website in the Newsletter Archive.

Thanks for all you do, and Be Safe!!

CorrectionalNurse.Net

This month at [CorrectionalNurse.Net](#) we will be discussing neurological evaluation and Correctional Nursing roles and responsibilities.

As always, announcements for new blog posts will be posted on our FaceBook pages and on Instagram.

Please [FOLLOW US](#) and check back often to ensure that you get notification of new posts!

VISIT CORRECTIONALNURSE.NET NOW

Correctional Nurse Educator

Our 50% off featured class this month at [The Correctional Nurse Educator](#) is Inflammatory Bowel Disease for the Correction Nurse. I hope you enjoy it! On February 16th, three new classes will be opened, and will also be listed for half price.

Remember The Correctional Nurse Educator will work with your group to provide quality, accredited continuing education classes at a discounted and affordable cost.

VISIT THE CORRECTIONAL NURSE EDUCATOR NOW

Nursing Behind the Wall

This month at [Nursing Behind the Wall](#) we will be discussing chest pain.

VISIT NURSING BEHIND THE WALL NOW

In closing, I appreciate you taking the time to read this newsletter, and I hope that you will find our sites interesting and educational. Our profession of Correctional Nursing is unique and sometimes challenging, but always very important to our patients. The impact we make is far-reaching, even if it is not always evident as we care for our patients. I have ALWAYS been proud to say that I am a Correctional Nurse – I hope that you are as well!

Lori

Inspiration



YOU CAN
Waste
YOUR LIFE,
DRAWING
LINES,
OR YOU CAN
LIVE YOUR
LIFE
CROSSING
THEM
- SHONDA RHIMES

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