



THE CORRECTIONAL NURSE

Inspiring

Professional Correctional Nursing Practice

May 2025

Happy Nurse's Week 2025!

In 1860, Florence Nightingale wrote her seminal book Notes on Nursing, What it is and What it is not. Her themes included environmental issues like cleanliness, circulation of air, provision of heat and cooling, health of houses, light, noises, food and collecting and analyzing data. In it, she described her book as simply "hints for thought to women who have personal charge of the health of others." While stating that nursing was only done by women is inaccurate today (and I would change that sentence to read hints for thought to individuals who have personal charge of the health of others), nonetheless, that simple line was, for me, thought provoking.

I have never thought of myself as having personal charge of the health of others, but after thinking about it, it is true! Yes, I care for my patients and provide medication, treatments, and education, and I am an enthusiastic (some would say outspoken) advocate for them, especially in our correctional setting, but having "personal charge of their health" elevates my role and responsibilities to a level I had not considered. I know some of you reading this will be quick to point out that the patient has some responsibility that cannot be excluded, and that is true, but especially in our correctional environment where a patient will not get a health evaluation, medications or treatments unless a nurse facilitates the process, we definitely do have personal charge of their health. What an awesome responsibility!

Also at this time, I have been working with Dr. Deborah Shelton to develop the first class offered by the [Center 4 Correctional Nursing](#), *From Exhaustion to Empowerment: Reclaiming your Purpose in Correctional Nursing*, which includes discussion about professional identity in correctional nursing and reflection activities that help the participant to clarify their personal and professional goals. Of course, before offering the pilot, I took the class and completed the reflections. These exercises, combined with my thoughts about Florence Nightingale's simple phrase telling me I had personal charge of my patients' health, really did bring me back to a time when I had just begun my nursing journey, allowing me to appreciate my young-nurse enthusiasm. Then, as I pondered more, I was able to consider all the experiences that led me to where I am today. I stumbled into Correctional Nursing and correctional healthcare thirty years ago, and, after making it my career, I honestly would not change anything!

So, my challenge to you this month, as we honor our chosen profession of Correctional Nursing and are being honored for this choice, is to take a few minutes and remember why you wanted to become a nurse, and how you are evolving as a nurse.

If you are interested in being part of the pilot for our *From Exhaustion to Empowerment: Reclaiming your Purpose in Correctional Nursing* class and can commit to completing it in the next two weeks, please reach out (DrLoriRoscoe@gmail.com) and I will send you the access credentials. If you are part of the pilot group, the class is free and upon successful completion, you will earn 1 accredited continuing education hour.

As is our usual practice during Nurse's Week, the Correctional Nurse Educator is happy to offer a 2025 Bundle of Classes. This Bundle includes eight classes and awards 20 accredited continuing education hours upon successful completion, which satisfies the NCCHC and ACA Correctional Nurse certification continuing education requirements. From May 6th -12th, the Bundle cost is only \$75.00. After May 12, 2025 the cost will increase to \$149.95, which is still a huge discount from the individual class cost of \$240.00.

Newsworthy Notes

The next American Correctional Nurses Association OPEN FORUM will be held in May 2025. Check the ACNA Website for the topic of the month. We have been having some very interesting conversations, and I invite you to become a member of ACNA and attend our Open Forum. Check out the [website](#)!

Upcoming conferences

[NCCHC](#) Mental Health Conference July 20-21, 2025 in San Francisco, CA

[American Jail Association](#) May 17-21, 2025 in Fort Worth, TX

[American Correctional Association](#) 155th Congress in Denver, Colorado, August 21-26, 2025.

CorrectionalNurse.Net

This month at [CorrectionalNurse.Net](#) we will be discussing the clinical topic of our aging patients and professional topics like the new Nursing Code of Ethics from the ANA.

As always, announcements for new blog posts will be posted on our FaceBook pages and on Instagram.

Please [FOLLOW US](#) and check back often to ensure that you get notification of new posts!

VISIT CORRECTIONALNURSE.NET NOW

Correctional Nurse Educator

The [2025 Nurses' Week Bundle](#) has been finalized and will be available from May 6, 2025 to May 13, 2025 for the deeply discounted price of \$75.00. On May 13th, the price will increase to \$149.95, which is still deeply discounted from the individual class cost of \$240.00. this Bundle includes 8 classes and awards 20 continuing education hours that are applicable to your nursing license renewal and the NCCHC and the ACA Correctional Nursing certification.

Our 50% off featured class this month at [The Correctional Nurse Educator](#) is *Correctional Nurse Basics: The Cardiovascular System*. I hope you enjoy it!

Remember, The Correctional Nurse Educator will work with your group to provide quality, accredited continuing education classes at a discounted and affordable cost that are specifically for Correctional Nurses.

VISIT THE CORRECTIONAL NURSE EDUCATOR NOW

Nursing Behind the Wall

This month at [Nursing Behind the Wall](#) you will meet Ms. McKenzie, a patient with great toe pain.

VISIT NURSING BEHIND THE WALL NOW

In closing, I appreciate you taking the time to read this newsletter, and I hope that you will find our sites interesting and educational. Our profession of Correctional Nursing is unique and sometimes challenging, but always very important to our patients. The impact we make is far-reaching, even if it is not always evident as we care for our patients. I have ALWAYS been proud to say that I am a Correctional Nurse – I hope that you are as well!

Lori

Inspiration

LET US NEVER

Consider

OURSELVES
FINISHED NURSES.
WE MUST BE
LEARNING
ALL OUR LIVES.
- FLORENCE NIGHTINGALE

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